

**I'm Alright**  
Jo Dee Messina

Barry Welch  
Possum Trot 2011

Left foot lead  
Advanced level

Intro: (18) 18 ct wait

A\* (4) { 2 Canadians  
(4) 2 { 1 Get It ½ L  
(8) { 1 Canadian Heel Twist  
(2) 2 Runs

A (4) 2 Canadians  
(4) 1 Get It NO TURN  
(8) 1 Canadian Heel Twist  
(2) 2 Runs

A (4) 2 Canadians  
(4) 1 Get It NO TURN  
(8) 1 Canadian Heel Twist

End (3) 1 Rocket first 3 cts of Shave It

B (4) { 2 Scuffy  
(4) 2 { 1 Kicking Vine Slide  
(4) { 1 Toevine  
(4) { 1 Double Double  
(4) 1 Triple  
(2) 1 Basic

A (4) { 2 Canadians  
(4) 2 { 1 Get It ½ L  
(8) { 1 Canadian Heel Twist

B\* (4) { 2 Scuffy  
(4) 2 { 1 Kicking Vine Slide  
(4) { 1 Toevine  
(4) { 1 Double Double  
(4) 1 Double Double

A\* (4) 2 Canadians  
(4) 1 Get It NO TURN  
(8) 1 Canadian Heel Twist  
(2) 2 Runs

C (4) 1 Triple  
(2) 1 Basic  
(4) 1 Double Rock 2

A\*\* (4) { 2 Canadians  
(4) 2 { 1 Get It ½ L  
(8) { 1 Canadian Heel Twist  
(4) 1 Kicking Vine Slide

B\*\* (4) { 2 Scuffy  
(4) 2 { 1 Kicking Vine Slide  
(4) { 1 Toevine  
(4) { 1 Double Double  
(4) 1 Double Double

C (4) 1 Triple  
(2) 1 Basic  
(4) 1 Double Rock 2

**CANADIAN HEEL TWIST** *dbl-step, dbl, hop, tch, dbl-step, dbl, hop, STEP, heel, heel, rock, heel, dbl, bounce, righty-lefty, up*

								(f)				(twist R)	[DT]				
DS	DT	Hop	Tch	DS	DT	Hop	S	HE	HE-S	RK	HE-S	DT-BO	DT	JP	JP	SL	
L	R	L	R	R	L	R	L	R	L-L	R	L-L	R-LR	R	L	R	R	
&1	e&	a	2	&3	e&	a	4	&	a5	&	a6	e&a	7	e&	a	8	